



Ohio Athletic Trainers' Association

Athletic Trainers Mitigate Risk

Athletic Trainers are highly skilled health care professionals who work with your organization to advise on, and execute plans to address issues such as emergency and preventative care, environmental conditions, facility and equipment safety, and other sports- and job-related matters. ATs can help your school, business or community organization better oversee injury prevention, assessment, treatment, and rehabilitation.

Education

Athletic Training follows a medical-based education model. As of 2020, all athletic trainers must graduate from an accredited master's entry-level program. Athletic training students are educated to provide comprehensive patient care in five domains of clinical practice, which include: prevention, clinical diagnosis, emergency care, rehabilitation, and organization and professional health and well-being.

Scope of Practice

- ✓ Prevention, evaluation and rehabilitation of orthopedic musculoskeletal injuries
- ✓ Recognition of Cardiac Arrest with CPR & AED proficiency
- ✓ Recognition and Treatment of Concussions
- ✓ Recognition and Treatment of Environmental Heat Illness
- ✓ Nutrition and Hydration knowledge
- ✓ Manual Therapy

Professional Settings

- ✓ Educational Institutions (middle schools, high schools, colleges/universities)
- ✓ Professional and Amateur Sports Organizations
- ✓ Hospitals and Clinics
- ✓ Corporate Workplaces
- ✓ Military
- ✓ Physicians' Offices
- ✓ First Responders (Police & Fire Departments)
- ✓ Performing Arts

Athletic Trainers are health care professionals who provide our community a safer approach to work, life and sport.